

# **What Horses Teach Us 2017 Wall Calendar**

## **What Horses Teach Us: A 2017 Wall Calendar Retrospective and Its Enduring Lessons**

The year 2017 might seem distant, but the wisdom gleaned from a "What Horses Teach Us" wall calendar remains timeless. This article delves into the unique perspective offered by such a calendar, exploring its educational value, the practical applications of equine wisdom, and its lasting impact on personal growth. We'll look back at the likely content of a 2017 calendar of this type, considering its potential features, and examine the enduring lessons that horses impart, lessons as relevant today as they were then. Keywords relevant to this topic include: **equine wisdom, horse calendar, personal growth, life lessons from horses**, and **2017 wall calendar**.

### **Introduction: More Than Just a Pretty Picture**

A "What Horses Teach Us" 2017 wall calendar wasn't just a decorative item; it was a portal to a deeper understanding of ourselves through the lens of equine behavior. Each month likely featured stunning equine photography, capturing the power, grace, and sensitivity of these magnificent animals. But beyond the aesthetic appeal, the calendar's real value lay in the accompanying text – insightful reflections on the life lessons horses subtly, yet powerfully, impart. These lessons, often interwoven with anecdotes and inspirational quotes, aimed to enrich the viewer's daily life.

### **Benefits of a "What Horses Teach Us" Calendar: Lessons in**

## Resilience and Mindfulness

This type of calendar offered a multitude of benefits beyond simple date-keeping. Consider the potential content:

- **Daily Inspiration:** Each month's theme likely focused on a specific equine trait and its human parallel. For example, January might have highlighted the horse's unwavering resilience in the face of winter's challenges, prompting reflection on personal perseverance. February could have explored the importance of teamwork and collaboration, mirroring the bond between horse and rider.
- **Mindfulness and Presence:** The images themselves, combined with thoughtful captions, could have encouraged daily mindfulness. Focusing on the beauty and power of the horse could have served as a meditative practice, prompting a moment of calm amidst the busyness of daily life.
- **Personal Growth:** The overarching theme of learning from horses fostered personal growth. Equine wisdom often centers on themes of patience, trust, clear communication, and self-awareness, all crucial elements of personal development. A calendar focusing on these aspects would have acted as a constant reminder of these important life skills.
- **Improved Self-Awareness:** By observing the horse's reactions and behavior, and connecting it to human behavior, the calendar could have been a catalyst for improved self-awareness. Recognizing parallels between equine responses and our own emotional reactions might have led to increased self-understanding.

## How a 2017 "What Horses Teach Us" Calendar Might Have Been Used

The calendar's practical applications were numerous. It could have served as:

- **A Daily Reflection Tool:** Readers could have used the daily entries as prompts for journaling or meditation, reflecting on the day's events and their connection to the equine wisdom shared.
- **A Source of Inspiration:** The stunning photography and inspirational quotes would have

provided a constant source of uplifting messages throughout the year.

- **A Conversation Starter:** The unique nature of the calendar would have sparked conversations with friends, family, and colleagues, opening doors to discussions about personal growth and equine appreciation.
- **A Gift:** It could have been a thoughtful and unique gift for horse lovers, nature enthusiasts, or anyone seeking personal development resources.

## The Enduring Power of Equine Wisdom: Lessons that Transcend Time

The core message of a "What Horses Teach Us" calendar – the valuable life lessons horses offer – resonates beyond 2017. Horses, in their inherent sensitivity, honesty, and resilience, present a mirror to our own human experience. They teach us the importance of:

- **Presence:** Horses live in the moment. Observing them can be a powerful reminder to embrace the present and let go of anxieties about the future or regrets about the past.
- **Clear Communication:** Effective communication with horses requires patience, understanding, and respect – vital skills in any human relationship.
- **Trust and Respect:** Building a strong bond with a horse hinges on trust and mutual respect. This concept extends to all aspects of life, emphasizing the importance of healthy relationships.
- **Intuition and Sensitivity:** Horses are acutely sensitive to energy and emotions. Learning to tap into our own intuition can lead to better decision-making and a deeper connection with ourselves and others.

## Conclusion: A Legacy of Learning

While the 2017 "What Horses Teach Us" calendar is a relic of the past, the lessons it imparted remain invaluable. This calendar offered a unique blend of artistic beauty and profound personal growth opportunities. It served as a reminder that wisdom can be found in unexpected places – even in the quiet strength and insightful behavior of a horse. The themes of mindfulness, self-awareness, and

resilience are timeless, making this type of calendar a valuable tool for personal development regardless of the year.

## **FAQ: Addressing Common Questions**

### **Q1: Where could I find a similar calendar today?**

A1: While a specific 2017 calendar is unavailable, many contemporary calendars and wall planners focus on similar themes of animal wisdom, mindfulness, or personal growth. Searching online retailers for "equine-themed calendars," "mindfulness calendars," or "personal development calendars" will likely yield similar options.

### **Q2: Are there any books or resources that expand on the lessons horses teach?**

A2: Yes, numerous books explore the connection between horses and personal growth. Search for titles related to "equine-assisted therapy," "horse psychology," or "learning from horses." Many authors explore the parallels between equine behavior and human psychology, offering deeper insights into the lessons horses impart.

### **Q3: Is equine-assisted therapy related to these lessons?**

A3: Absolutely! Equine-assisted therapy (EAT) utilizes the horse-human connection to facilitate personal growth and healing. The principles highlighted in a "What Horses Teach Us" calendar are often central to EAT techniques, underscoring the powerful therapeutic potential of horses.

### **Q4: Can these lessons be applied to other animals as well?**

A4: While the specific examples relate to horses, the underlying principles of mindfulness, respect, clear communication, and patience are applicable to interactions with all animals, and indeed, to all human relationships.

### **Q5: How can I incorporate these lessons into my daily life?**

A5: Start by practicing mindfulness – paying attention to the present moment. Practice active listening in your conversations and strive for clear and respectful communication. Reflect on your reactions to challenges, learning from them rather than letting them define you. Engage in activities that connect you with nature, fostering a sense of calm and appreciation.

**Q6: What if I'm not a horse lover? Can I still benefit?**

A6: Yes! The core message isn't about loving horses per se; it's about learning valuable life lessons through observing their behavior and recognizing parallels to the human experience. The principles of self-awareness, resilience, and mindfulness are universally beneficial, regardless of your feelings about horses.

**Q7: Are there any scientific studies supporting these claims?**

A7: While specific studies focusing on the impact of a "What Horses Teach Us" calendar are unlikely to exist, research in equine-assisted therapy and the human-animal bond strongly supports the positive effects of interacting with horses on mental and emotional well-being. Numerous studies demonstrate the benefits of mindfulness and improved self-awareness on overall health and happiness.

**Q8: Is this type of calendar beneficial for children?**

A8: Absolutely. A "What Horses Teach Us" calendar, with appropriate age-adjusted language, can be a valuable tool for teaching children about animals, respect, patience, and responsibility. The captivating images and simple messages would foster a love for nature and encourage healthy emotional development.

## **What Horses Teach Us: A Deep Dive into the 2017 Wall Calendar and its Enduring Lessons**

The humble horse has been a companion to humankind for millennia, influencing our cultures, economies, and even our personal landscapes. While many of us appreciate horses for their grace and

athleticism, the deeper lessons they offer extend far beyond the paddock. The "What Horses Teach Us 2017 Wall Calendar," a seemingly modest item, serves as a profound portal to exploring these very lessons. This article will investigate the calendar's subtle curriculum, revealing its potential to inspire personal growth and self-awareness.

The 2017 calendar, unlike many other wall calendars focused on simple aesthetics or scheduling, likely featured a curated collection of stunning horse photography, each photograph possibly accompanied by a insightful quote or short meditation. This careful choice was not accidental. Each visual element likely aimed to trigger a particular sentiment or convey a specific lesson about the horse-human connection.

For instance, a photograph of a horse gracefully running across a vast field could symbolize the significance of liberty and unburdened expression. Conversely, an image of a horse patiently standing might exemplify the virtues of patience and tranquility. The subtle nuances of equine communication - a flick of the ear, a shift in weight, a lowered head - are often rich with significance and can be interpreted as powerful metaphors for human emotions.

The calendar's design, even the format of the dates and images, could have contributed to its instructive value. The monthly presentation to these powerful visuals and accompanying texts would have provided a consistent reminder to reflect on the qualities horses embody. This consistent exposure reinforces the lessons gradually, allowing for deeper processing and internalization.

Beyond the visual elements, the choice of quotes accompanying each image likely played a crucial role in shaping the calendar's overall message. These sentences could have drawn from a variety of sources, including philosophy, folklore, and equestrian expertise. They served to connect the visual imagery to a broader framework, making the message more accessible and relatable to a wider audience.

For example, a quote about the horse's unwavering loyalty might have inspired readers to cultivate stronger relationships in their own lives. A quote about a horse's resilience in the face of adversity could have served as a potent example to persevere through difficulties. The calendar, through this integrated approach of image and text, could have effectively served as a personal development tool, subtly guiding readers towards personal growth.

The "What Horses Teach Us 2017 Wall Calendar" transcends its practical purpose as a simple scheduling tool. It functions as a miniature educational resource, a unassuming facilitator of self-reflection, and a constant source of inspiration. By skillfully blending compelling visuals with thought-provoking text, the calendar could have successfully communicated a powerful message about the lessons horses offer, fostering a deeper understanding and appreciation for these remarkable animals and their effect on our lives.

**Frequently Asked Questions (FAQ):**

**Q1: Where can I find a "What Horses Teach Us 2017 Wall Calendar"?**

A1: Unfortunately, finding this specific calendar in 2024 is difficult. 2017 calendars are generally out of print. However, you might find similar products online by searching for "horse calendars" or "equine wall calendars" that offer similar inspirational themes.

**Q2: What if I don't have access to this specific calendar?**

A2: The principles it likely conveyed – focusing on the lessons horses teach about patience, resilience, and connection – can still be explored through many other avenues. Reading books about horses, watching documentaries on equine behavior, or even simply observing horses in person can be equally beneficial.

**Q3: How can I use the lessons from the calendar to improve my life?**

A3: The lessons of patience, resilience, and connection are applicable in numerous aspects of life. Practice patience in challenging situations, foster resilience by viewing setbacks as learning opportunities, and strive to build deeper, more meaningful connections with people around you.

**Q4: Are there similar products available today?**

A4: Yes, many contemporary calendars and wall art feature horses and inspirational messages. Searching online retailers or specialty stores for "inspirational equine art" or "motivational horse calendars" will likely yield a range of options.

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